

# West Park PE Department Kit Expectations

• Suitable PE kit bag/carrier bag.









- Hairband/ hair bobble to tie back long hair.
  - \* Long hair must be tied back for safety reasons.\*
- All jewellery must be removed for lessons as per health and safety guidelines for PE.







\*Please note\* If you wish for your child to have any piercings, we advise that you get them done at the start of the summer holidays so there is plenty of time for them to heal properly before returning to school. If students cannot remove piercings for their PE lessons, then the PE department policy will be followed. Please refer to the PE policy for information regarding the processes the department will take.

If you choose to allow your child to have their ears pierced during the school year, they will be asked to remove them for lessons.

## Indoor Activity Kit

 Plain white round neck t-shirt with or without school logo.







Plain black shorts

\*No pockets\*



Small logo/motif acceptable.



 Plain white or plain black sports socks - For hygiene reasons, pupils cannot wear their black school socks for PE lessons. They must have a change of socks.







Small logo/motif acceptable.



Trainers (clean, with a non-marking sole).





## **Outdoor Activity Kit**

Black/white reversible rugby top (Compulsory for rugby lessons)
 Plain black crew neck sweatshirt (not their school jumper)



 Plain white round neck t-shirt for the summer term/early autumn term with an optional white base layer underneath



Plain black shorts of an acceptable and appropriate length
 \*No pockets\*



Please see below for shorts that are <u>NOT</u> acceptable within PE lessons:







• Plain black football socks (small logo/motif acceptable).





\*Pupils are not permitted to wear their school socks for PE lessons for hygiene reasons. A different pair must be worn for lessons.

- White or black sports socks summer term
- Football boots if on the fields, trainers if on our playgrounds or astro area.
- Trainers only Summer term.

#### Permitted advisable extras for cooler weather:

Sports leggings that are plain black can be worn, but underneath shorts only.



• Alternatively, plain black tapered tracksuit bottoms can be worn, except in rugby lessons where for safety reasons only sports leggings/shorts are permitted.



• Additional tops (not school polo shirts) can be worn underneath reversible rugby tops/black sweatshirts for added warmth on cooler days.

• Black gloves can be worn for activities such as fitness and football in cooler weather but not rugby or netball, where a ball needs to be caught.



#### Optional - but recommended equipment:

• Shin pads (Football)



• Gum shields (Rugby)



\*We are aware that there are a small number of pupils in each year group for varying reasons, that will need to wear leggings/tracksuit bottoms/baselayers/sweatshirts at times when it is not cooler.

If you feel your child falls into this category, please get in touch with the PE department to discuss this.

The school PE kit can be purchased from our school uniform suppliers:

- Morleys School Outfitters in Chaddesden <u>Our Stores | Schoolwear Solutions | School and Sportswear</u>
- Uniformality in Borrowash <u>School Uniform Shop | Work wear | Uniforms</u>
  <u>Uniformality</u>

Alternatively, you could source the majority of these items from regular sports shops/superstores.

If you have any queries on whether clothing your child already owns or you might purchase for them, will be deemed acceptable for PE, please contact Mr McKay in the PE department on:

samuel.mckay@westpark.derby.sch.uk